

A PICTORIAL ESSAY

Did you ever wonder what a day at an ICCD-certified Clubhouse is like?

While each day we spend at Clubhouse is unique, work is the common thread and the means to recovery. Here is a snapshot of one particular day:

Wednesday, August 15, 2007



Early Risers!

7:30 a.m.: Clubhouse opens. Staff often find members waiting eagerly for the start of the day and with it, the opportunity to work and meet up with friends.



Hot Breakfast

8:00 a.m.: The Food Service Unit begins early and offers members and staff a cheese omelette with sausage. It's a steal at \$1.25!



Organizing the Work

9:00 a.m.: The Business Unit, one of three units, begins the "work-ordered day" with a unit meeting. Here work is organized and members volunteer for tasks and duties.



A Smile to Greet You

9:30 a.m.: Members have the opportunity to work the front reception desk and answer a four-line phone system. Work is central to recovery and transformation.



Maintenance is in Our Hands

10:15 a.m.: Upkeep of the Clubhouse is entirely up to members and staff. It's a chance to use our abilities or acquire new skills. Clubhouse is about utilizing strengths and interests.



Leisure (Member) Bank is Open!

11:00 a.m.: The member bank is in full swing. The Member Services Unit assumes responsibility for managing member, corporate and internal Clubhouse accounts. We use accounting software and balance our books to the penny - even if that means extra time. Members don't need accounting experience to participate, just the desire to help out.

This Pictorial Essay is dedicated to an anonymous supporter who replied to an ad in our July Gazette, which requested the donation of a digital camera. All of the photos displayed in this edition were taken with our new Sony Cybershot. Thank You!!!



Off to Work!

12:35 p.m.: Four members and one staff head off to a group Transitional Employment Placement at Raytheon Corporation. Members earn competitive wages at real jobs.



Data Entry

3:15 p.m.: Business Unit offers computer work involving attendance, statistics, reports, and database management. Computer savvy members can sharpen their skills while more inexperienced members develop new skills.



Baked Stuffed Tilapia is Served

5:00 p.m.: Members working and those interested in paid work join for an Employment Dinner held every other Wednesday.

Team to Attend the 14th International Clubhouse Seminar

By Kaye Shakeshaft

Quite a while ago, when I heard about the 14th International Clubhouse Seminar in Wisconsin, I wanted to go. I love to travel. My hope is to get as much knowledge as I can about other Clubhouses; by learning how other Clubhouses are run, I can bring back ideas about how to improve things here at Vincent House. Also, I have an idea to share my experiences as a person who is visually and hearing impaired as well as having a mental illness. My disabilities make for a "triple whammy" but I don't find it gets in the way of being able to do work here at the Clubhouse. I want to

be able to share formally and informally how much Vincent House has helped me to believe in myself as a person and as someone who has mental illness; I'm able to function just like any other person in society. When I come back from the trip, I hope I can share with you all the positive things I have learned about other Clubhouses in the world while attending the 14th International Seminar in Milwaukee, Wisconsin.

Vincent House will be sending 7 members and 3 staff to Milwaukee from October 13-18, 2007 for the Fourteenth International Clubhouse Seminar. Proceeds from our Annual Yard Sale are being used to finance this experience.

Last Seen Heading West

Our beloved founders and leaders, Elliott and Dianne Steele, are taking a well deserved rest! Their vision and dedication have made ICCD Clubhouses a reality in Florida. We are hoping that they return rejuvenated and eager to guide Vincent House and the FL Clubhouse movement.



Vincent House Welcomes New Staff Member



New staff member, Ctesias Jackson, pictured at right, works alongside Erin Gleason. We will be counting on his energy, good nature and talents as Vincent House grows.

My name is Ctesias Jackson. I was born on the Island of Dominica in the West Indies. When I turned five, my family moved to St. Thomas, U.S. Virgin Islands. When I was eleven, my parents decided to move to Clearwater, Florida. We had always lived near the beach so we knew we needed to be near the water. I completed middle and high school in Dunedin, Florida. In high school I lettered in varsity football, basketball, track and field and weight-lifting. As a senior I was elected "Most Athletic".

After high school, I attended Carson Newman College to play tight end on their football team. I later transferred to St. Petersburg College and then to the University of South Florida to complete a Bachelors in Psychology.

I am excited to have joined Vincent House. I hope that I am able to be helpful around the Clubhouse. This is my first time working in a Clubhouse and I may have a lot of questions so I hope that all the members are patient with my learning process and share with me some of their experiences. I enjoy sports and hope to be able to engage members in sports activities as well. I will be working with the Young Adult initiative and hope that we are able to reach more youths in the community and encourage all our young adult members to participate.

HURRICANE SEASON IS UPON US

We are once again in the midst of hurricane season on the Gulf Coast. Although we are all hoping for a light season, the best advice is to plan ahead, be prepared, have a survival kit for home and a shelter kit if you live in an evacuation area. Pinellas County is the most densely populated area in Florida. It's scary to know that the storm surge from a Category 3 hurricane could affect 42% of our homes.

Vincent House recently received a training in disaster preparedness by Patricia Elliot from Suncoast Center. Members and staff were trained on how to respond to storms and hurricanes. The most important advice is to know your zone!

You can find your evacuation zone in the following ways:

- Look at the Pinellas County Evacuation Zone Map on the bulletin board in the Member Services Unit.
- Call (727) 453-3150 and enter your ten-digit home telephone number.
- Visit www.pinellascounty.org/emergency
- Look at your Pinellas County Utility Bill.

If you have any difficulty identifying your Zone, please contact the Member Services Unit.

Don't forget about medication refills during a storm:

What about re-filling prescriptions when it's too soon to do so??? Last year's Emergency Prescription Refill Bill requires the suspension of "refill too soon" restrictions in Florida counties that:

1. have received a hurricane warning issued by the National Weather Service.
2. have been declared in a State of Emergency by the Governor.
3. have activated their Emergency Operations Center.

Please note that Vincent House is located in an evacuation zone and is not a designated shelter. The Clubhouse is not available as a refuge for members and/or their families during storms.

Vincent House Members

CELEBRATING RECOVERY THROUGH WORK

during August - 2007

TRANSITIONAL EMPLOYMENT

| | |
|---------------------|---------------------|
| Jeffrey Albertson | Skate Park/L. Lanes |
| Bill Champion | Senior Services |
| Brian Craver | Skate Park |
| John Diede | Skate Park |
| Larry Haines | Seashell Books |
| Gary Hinkson | Pro-Clean/Raytheon |
| Alex Houser | Tri-Glo/Raytheon |
| Carol Jackson | Galleria |
| Cindy Kelly | Suncoast Center |
| Kim Kobayashi | Seashell Books |
| Karen Maloof | Tri-Glo/Raytheon |
| Carla McPherson | Seashell Books |
| Ron Ritchie | Tri-Glo/Raytheon |
| Lisa Sanders | Liberty Lanes |
| Chris Schaer | Tri-Glo/Raytheon |
| Joe Stabile | Pro-Clean/Raytheon |
| Athena Steele | Suncoast Center |
| Michael Taddeo | Suncoast Center |
| Jackquelyn Williams | Skate Park |
| Ed Wohlford | Tri-Glo/Raytheon |

Supported & Independent Employment

| | |
|-----------------------|------------------|
| Susan Alvey | Bonnie Lawniczak |
| Alice Bongiorno | Gayle Marchiniak |
| Nancy Brown | Philip Noonan |
| Nicholas Cercone | Rand Pierce |
| Debbie Cibik | Bob Pitts |
| Tess Daniels | Warren Prince |
| Don DiCarlo | Shannon Riley |
| Eddie Gares | Heidi Rippen |
| Art Hallman | Beth Schweikert |
| Kim Harrell | Justin Shea |
| Kathleen Hartwell | Theresa Stabile |
| Elizabeth Hoff | Terry Taggart |
| Eileen Jones | George Torrence |
| William Kuropatwinski | |

Casual Employment

Kerry Birchett
Gerard Caldarise
Christine Dotson
V. Mike Hodges
Aimee Hunnell
John Markle

Continuing Education

Bridgette Elias
Kathleen Hartwell
Edwin Wohlford
Michael Serkes
Jeff Suzanne



BACK TO WORK!

This member recently started back to paid employment through our Transitional Employment Program.

By Jackquelyn Williams

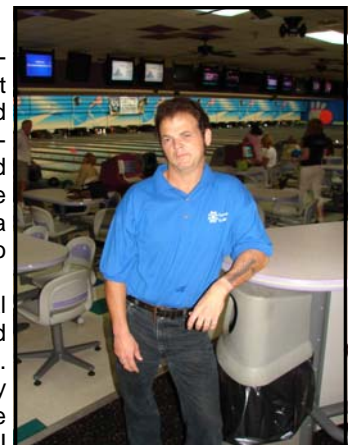
Hello! My name is Jackie. I started working on May 21, 2007 at 688 Skate Park. This is my first paid job in over a year. My job at Skate Park is very hard. I mop, sweep, pick

up trash and also do vacuuming and dusting. I enjoy the weekends off, holidays, and of course my paycheck! I hope to work another TEP job after I finish this one because I like the pay and the very special way I am treated. If you are a new member and would like to try working, think about doing a TEP like I am! It's fun, hard work and it is rewarding.

By Jeff Albertson

My name is Jeff and I just finished my second shift of work at Liberty Lanes Bowling. And I had fun doing it! I work as a lane attendant and I also do cleaning and help in the snack bar and lounge area. I'll be working 4 to 5 days a week and I'm looking forward to getting my first paycheck.

This is my second Transitional Employment Placement (TEP) and I can't wait to start a third TEP. And just to think, I almost quit my first job on the second day because I thought it was too hard. But I overcame that and now I feel good about myself. Paid work has helped me feel more confident in myself and more independent. Now that I am working I am happier.



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SEPTEMBER 2007

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------|---|---|---|------------------------|---|--|
| | | | | | | 1 |
| | | | | | | <i>No Social Outing</i> <i>Lee McCarthy</i> |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | Labor Day Picnic HOLIDAY | Spaghetti & Meatballs <i>Christian Sever</i> | Mexican Stuffed Potato <i>Kim Riggs, Olga Yamoshik</i> Employment Dinner—Beef Tips | Gyros | Chef's Surprise <i>Charles Zamora</i> | Bowling & Billiards |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | Chef Liz's Berry Pork Chops | Grilled Ham & Cheese with Tomato Soup <i>Rand Pierce</i> | Egg Fu Yung & Egg Drop Soup | Teriyaki Chicken Wings | Chef's Surprise <i>Katina Karagiannakis</i> Pizza & Movie 4:30 - 7:30pm "Bruce Almighty" | International Mall <i>Michael Parker</i> <i>Kathy Hartwell</i> |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| <i>Libby Cooper</i> | Submarine Sandwich with Chips | Vegetarian Soup <i>Ken Moore</i> | Bean Burrito & Nacho Chips Employment Dinner—Linguini Alfredo | Angela's Crab Cakes | Chef's Surprise | Pinellas Homeless Project Day of Community Service <i>Milen Karpuzi</i> |
| 23 / 30 | 24 | 25 | 26 | 27 | 28 | 29 |
| <i>Kathy Kohler 9/30</i> | Chef Liz's Paella <i>Steven Scofield</i> | Cobb Salad | Fish & Chips <i>Mike Ralston, Tom Parish</i> <i>Roger Lamb</i> | Turkey Reuben | Chef's Surprise | Historic Plumb House Museum Clearwater <i>free</i> <i>Eva Mangino</i> |

Menus are subject to change. Casey's Café offers alternative lunch – call to order before 11:00 A.M.